

Masonic Care Tasmania Day Therapy Centre

Peace Haven, Norwood
Open Monday to Friday



Creating fun and memorable social experiences

Our Day Therapy Centre boasts vibrant interactive programs that enhance the wellbeing and quality of life for everyone who joins us.

Opportunities for everyone

Our visitors enjoy a diverse range of services and activities. We can create just for an individual, or deliver as part of a fun group environment.

Most importantly, our Centre exists to foster fun, create joy and enhance the lives of those who visit us.

Activities & events



FIND YOUR CREATIVE SIDE WITH ART AND CRAFTS



GET MOTIVATED AND ACTIVE THROUGH EXERCISE PROGRAMS



TRAVEL TO EXCITING DESTINATIONS AROUND LAUNCESTON



BE PART OF OUR REGULAR GARDENING CLUB



HEAR FROM GUEST SPEAKERS ON HEALTH, PET CARE AND OTHER ENGAGING TOPICS



HAVE A LAUGH AND GET COMPETITIVE THROUGH MANY GAMES



ENJOY REGULAR POPULAR PERFORMERS





**More than 165
residents and
members of our
local community
visit every week!**

Why join us?

Attending the Masonic Care Tasmania Day Therapy Centre is a wonderful way to:

- Meet new people
- Be part of fun social activities
- Learn something new!

How to access our Centre

Masonic Care Tasmania provides bus transport to and from the Centre for those who require it, with pick up and drop off at the door.

The Coffee House

Our Day Therapy Centre was recently transformed by Western Australian artist Paul Tulk. Created for everyone to enjoy, this bright, inviting space provides a wonderful opportunity for people to sit and have a chat with our residents, staff or visitors. Make sure you drop by for a delicious coffee and homemade slice!

“It’s a beautiful place to volunteer, and the people are amazing. It’s a humbling experience to be involved with.”

Tiny Baker, Volunteer, Day Therapy Centre



> Day Therapy Centre, Peace Haven

Our Day Therapy Centre services are provided at a minimal fee.

Find us at:
185 Penquite Road,
Norwood TAS 7250

For more information, please visit [masoniccaretas.com.au](https://www.masoniccaretas.com.au) or please call **(03) 6345 7200**
