

MCT Residential COVID-19 Outbreak Prevention Plan

To prevent transmission COVID-19 cases in any facility, MCT will continue to ensure the following steps:

- Residential Aged Care Facility will comply with direction from Public Health and Tasmanian Government.
- Staff will work within one facility
- Facility will be contained (entry/exits closed & 1 main entrance point)
- Increased cleaning will continue in the Facility
- Visitor access will comply with Tasmania Government and Facility procedure

Workplace Management

Steps taken

- Facility will be contained (entry/exits closed and one main entrance point).
- Communal and office areas signed to comply with room limits and social distancing.
- Visitation restrictions outlined/signage updated.
- Contractors/visitors to complete declaration of wellness prior to entering facility.

Workforce Management

Steps taken

- Staff continue to work only in one Residential facility unless otherwise approved.
- Daily declaration of wellness completed by all staff prior to commencement of shift.
- Rosters reviewed to reduce staff to working in only one facility.
- MCT staff have completed COVID-19 in Aged Care training module, infection control and outbreak management.

Infection Control

Steps taken

- Social distancing encouraged inside and outside of work.
- Increased cleaning in all areas.
- Influenza vaccine provided to all employees.
- Staff to comply with PPE requirements as directed by Clinical Managers.
- Increased Hand Hygiene stations as required.

Communications

Steps taken

- Regular communication has been provided (including visitation restrictions).
- Digital communication channels updated (incl. website/social media).
- Regular updates on community situation/government directions and MCT response.

MCT Residential COVID-19 Outbreak Response Plan

- if a positive case in a MCT residential facility is confirmed

If a COVID-19 case in a MCT Residential Aged Care Facility is confirmed, MCT will take the following steps immediately:

Residential Manager (RM) to:

- Activate Outbreak Management Team (OMT)
- Notify Public Health Unit and Department of Health Australia.

General Manager of Operations (GMO) to activate:

- Executive Response & Communication Plan
- Ensure Facility isolation plan has been activated.
- Other Facilities to continue as per Prevention Plan

Rapid Response 0-3 hrs

Steps taken

- Residential Facility to be locked down within 30 minutes of notification of positive case.
- Closure of communal areas.
- Positive case(s) transferred to isolation area or hospital as clinically indicated or directed by Public Health Unit.
- Isolation areas set up with appropriate infection control precautions.
- Additional cleaning program.
- Daily staff wellness declaration continues.
- Initiate resident/staff contact tracing. Close contact staff (>15mins contact + within 1.5m of positive case) identified and sent home for isolation for 14 days.

Rapid Response 3-24 hrs

Steps taken

- Continue baseline testing for residents/staff.
- Executive to activate MCT Communication Plan – Resident/Relative information.
- OMT meetings and update meetings as required.
- Supplies/food delivered as per Facility Outbreak Management Plan.
- Allocation of staff to primary areas and inform staff to not enter other areas.
- Supplies and equipment to be checked by RM and requested from GMO as needed.
PPE: agedcarecovidppe@health.gov.au

24 hrs – Day 8

Steps taken

- Residents remain isolated in rooms.
- On-the-ground infection control lead – supervising PPE training and induction new staff.
- Additional increased cleaning maintained.
- Staff wellness declaration and line list continues.
- Transfer unwell residents to hospital in liaison with PHU.
- Regular communications via phone/digital channels.
- Quarantined staff join shift handover virtually to share Resident specific knowledge.
- Enhanced testing as advised by the PHU.

Day 9 – 14

Steps taken

- Wellness declaration/line list continues.
- Additional cleaning continues.
- Public Health to advise changes to isolation protocol pending testing results.
- PHU to advise outbreak closure date.
- Continue to communicate regularly with all audiences inclusive of GP and allied health to consult with care.
- Continue to support staff with PPE training and EAP support to be offered via Drake (consider Facetime/Teams sessions to support)
- Post Outbreak evaluation commences.

You have rights during COVID-19



With a COVID-19 diagnosis at your residential care home, you will likely be feeling unsure and concerned. How things are done has probably changed, and we fully understand why this may feel unsettling. After all, it's your home.

Our clients tell us that having someone independent to talk to, who is on your side, makes the world of difference in troubling times. Advocacy Tasmania has 30 years' experience providing 'your say' support. We know about your aged care rights, what is possible and how you can get your concerns resolved.



Free call:
1800 005 131
(9 am – 5 pm weekdays)

Text:
0457 806 963
(9 am – 5 pm weekdays)

Email:
contact@yoursaytas.org
(anytime)

We are funded to provide our free, confidential and independent services to older Tasmanians, their families or representatives by the Commonwealth Department of Health.

Your say
Advocacy Tasmania

You have rights during COVID-19



Your rights include:

- privacy and independence
- being treated with dignity and respect
- being in charge of your life, your money and your possessions
- having safe, high-quality care
- having your care discussed with you in ways you understand
- having your say about your rights – without fear of repercussions
- having someone you choose to support you or speak for you – which can be us!

We are here to help

We are independent and can provide you with information. After that, you can decide whether you would like us to take your concern further, or we can help you do that. The decisions are yours.

Please, reach out to us if you would like assistance. We are available to help.

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Your say
Advocacy Tasmania



Need help to have your say?

Who can we help?

We work with **older people**, people living with **disability** or **mental health** issues, and people who use **alcohol or drugs**.

An advocate can **help** you with a wide range of concerns!

An advocate will **listen** to you!

Our services are completely **free** and **confidential**!

Would you like an advocate to call you for a friendly chat?

Yes / No

Name: _____

Phone number: _____

Best time/day to call: _____



Your support staff can also help you get in touch

Freecall **1800 005 131** or if you're from interstate or on a mobile call **(03) 6224 2240**.

You can text us on **0457 806 963**, or email **contact@yoursaytas.org**

www.yoursaytas.org

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